De-Stress with Dogs

Mondays, Mar. 4, Apr. 1, May 6 3:30 - 5 p.m.

Saturdays, Mar. 23, Apr. 27, May 18

11 a.m. - 12:30 p.m.

First Floor Ellipse

Visit with a registered therapy dog from Tufts Paws for People.

Downsizing Done Right with Right Sized Living

Saturday, Mar. 9 1 - 2:30 p.m. Saxe Room Learn all aspects of downsizing.

Mindfulness Session*(R)

Saturdays, Mar. 16, Apr. 27, May 4 1 - 2 p.m. Saxe Room Cultivate more peace in your life.

Nutrition Classes with Judy Palken, Registered Dietitian (R)*

Saturdays, Mar. 16, Apr. 6, May 11 2:30 - 3:30 p.m.

First Floor Computer Lab

Mar. 16: Your Diet for Healthy Bones Apr. 6: Nutrition and Beauty May 11: Tea for Health

Understanding Your Cat with Dr. Rachel Geller (R)

Saturday, Mar. 23 3 - 4 p.m. Banx Room With a certified cat behaviorist.

Spring Cleaning Workshop*(R)

Saturday, Mar. 30 11 a.m. - 12:30 p.m. Banx Room Achieve a cleaner house & less clutter.

Free STOP THE BLEED Course from UMass Memorial Injury Prevention Team (R)

Saturday, Apr. 20 11 a.m. - 12:30 p.m. Banx Room Learn this life saving skill.

Herb Garden Starter Kit (R)*

Saturday, Apr. 20 12 - 1 p.m. Saxe Room

Learn about popular flowers and herbs and plant your own.



Unique Garden Ideas (R)*

Saturday, May 18 12 - 1 p.m. Saxe Room Unique and easy garden ideas.

COOKING

In the Kitchen with Librarian Olivia: Pasta Primavera (R)

Wednesday, Mar. 13 6:30 - 8 p.m. Saxe Room Learn to make this veggie-filled recipe.

Charcuterie Board Class (R)*

Wednesday, Apr. 10 6:30 - 7:30 p.m. Saxe Room Make the perfect charcuterie board.



Vietnamese Salad Recipes (R)*

Wednesday, May 29 6-8 p.m. Saxe Room With Trang Le, owner of Mint Kitchen &

SMALL BUSINESS & FINANCIAL LITERACY

Introduction to Finding Grants for Nonprofits (R)

Mondays, Mar. 11, Apr. 8, May 13 9:30 - 10:30 a.m. First Floor Computer Lab An overview of grant-seeking process for nonprofits using the Foundation Directory database.

Steps to Starting a Business (R)* Tuesday, Apr. 9

2:30 - 4 p.m. Zoom Tools and tips to get you started.

Business Plan Basics (R)*

Tuesday, Apr. 23 1 - 2:30 p.m. Zoom

Overview of writing a business plan.

Starting a Business 101 (R)

Monday, Mar. 25: 4 - 5 p.m. Friday, Apr. 26: 10 - 11 a.m. Thursday, May 23: 2 - 3 p.m. First Floor Computer Lab Presented by the City of Worcester, **Executive Office of Economic** Development.

ONE-ON-ONE

Make a One-on-One Appointment with a Librarian (R)

Main Library

Get help with the following:

- convert audio and video files
- digitize family photos
- DIY investing resources ebook & audiobook help
- genealogy research
- nonprofit and grant research
- Python & SQL homework help
- small business research assistance Register at: mywpl.org/article/ask-librarian

RESUMÉ HELP

Online Resume Help

Get help with your resume by submitting at: mywpl.org/article/ask-librarian.

- (R) Register at mywpl.org or call 508-799-1655.
- § Basic knowledge of computers and a valid email address is required.

WORCESTER

CALENDAR CALENDAR

Register at https://libraryc.org/mywpl

Main Library March - May 2024

Adult Classes and Programs at WPL

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Computer & Technology ESOL & Citizenship

3 3 Genealogy **Healthy Living** 3-4

Cooking **Small Business** One-on-One

LIBRARY CLOSINGS:

Mar 28: Staff Development Mar. 31: Easter Sunday April 14 & 15: Patriots' Day May 25 & 27: Memorial Day

(R) Register at mywpl.org or call 508-799-1655.

MARCH MEOWNESS



Got fees for lost or damaged Worcester Public Library items?

Show us a picture of a cat (any cat) and we will forgive your fees. This is for the month of March 2024 only, so visit your WPL Branch now! For details visit

mywpl.org/cat-month

AUTHOR EVENTS

Virtual Author

Talk Series with

Bestselling Authors

DIANE FOLEY &

Enjoy this lineup of author talks from bestselling authors from a variety of genres. Register at: https://libraryc.org/mywpl

Wednesday, Mar. 6 at 4 p.m. Nina Totenberg

Thursday, Mar. 14 at 4 p.m. Christopher Paolini

Thursday, Mar. 21 at 7 p.m. Madeline Miller

Tuesday, Apr. 2 at 2 p.m. Paula Johnson

Tuesday, Apr. 9 at 2 p.m. Diane Foley & Colum McCann

Wednesday, Apr. 17 at 8 p.m. **Xochitl Gonzalez**

Wednesday, May 1 at 3 p.m. **Douglas Brunt**

Wednesday, May 8 at 7 p.m. Nina Simon

Tuesday, May 21 at 7 p.m. Rebecca F. Kuang

An Unruled Body: Author Talk with Ani Gjika (R)*

Wednesday, May 8 6:30 - 7:30 p.m. Banx Room

The story of a young woman's journey to selfhood through the lenses of language, sexuality, and identity.

WRITING WORKSHOPS

Creative Writing Workshop

Wednesdays, Mar. 20, Apr. 17, May 15 7 - 8 p.m. First Floor Computer Lab Participate in a group writing session.

Poetry Workshop: Limericks and Clerihews (R)*

Saturday, Apr. 20 2 - 3 p.m. First Floor Computer Lab

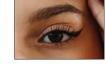
Generative Poetry Workshop: The Poetic Obsession with Poet Laureate Oliver de la Paz (R)*

Saturday, Apr. 27 2 - 4 p.m. First Floor Computer Lab

ARTS & CRAFTS

Cat Eye Makeup*(R) Saturday, Mar. 2

1 - 2:30 p.m. Banx Room



DIY Crafts for Adults

Wednesdays, Mar. - May 3 - 4:30 p.m. **Innovation Center**

Knitting

Thursdays, Mar. - May 2:15 - 3:15 p.m. Banx Room/Zoom



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*Programs generously sponsored by the Friends of the Worcester Public Library. Call Dial A Story to hear programs and poems: 508-552-3456

An equal opportunity, affirmative action employer.

Check our website for updates at mywpl.org/online-calendar

Learn, Create, and Connect at the Worcester Public Library

Sewing Machine Instruction for Adults (R)

Saturdays, Mar. 2, 16, 30, Apr. 13, 27, May 11 9:30 - 10:30 a.m. Innovation Center Sign up for a one-on-one session to learn the basics.

DIY Beauty (R)

Wednesdays, Mar. 20, Apr. 17, May 15 7 - 7:30 p.m. Innovation Center Learn how to create simple homemade beauty products. Mar. 20: Shea butter face cream; Apr.

17: Lash and brow serum; May 15:

Apple cider vinegar toner

Asian Brush Painting for Beginners

Tuesday, May 28 6 - 8 p.m. Innovation Center Learn from artist Bayda Asbridge.



BOOK CLUBS

True Crime Book Club (R)

Wednesdays, Mar. 6, Apr. 3, May 1 7 - 8 p.m.
Zoom
Mar. 6: Starkweather: The Untold

Mar. 6: Starkweather: The Untold Story of the Killing Spree that Changed America by Harry MacLean Apr. 3: Behold the Monster by Jillian Lauren

May 1: *The Riders Come Out at Night* by Ali Winston and Darwin Bondgraham

Banned Book Club in partnership with Outstanding Life (R)

Tuesdays, Mar. 12, Apr. 9, May 14 7 - 8 p.m.

Zoom

Mar. 12: Vanguard: How Black Women Broke Barriers, Won the Vote, and Insisted on Equality for All by Martha S. Jones

Apr. 9: We Are the Ants by Shaun David Hutchinson

May 14: When the Emperor Was Divine by Julie Otsuka

Science Fiction Book Club (R)

Tuesdays, Mar. 19, Apr. 16, May 21 1 - 2 p.m. Ages 16+

Zoom

Mar. 19: *Darwin's Radio* by Greg Bear Apr. 16: *The Other Side of Night* by Adam Hamdy

May 21: *The Man in the High Castle* by Philip K. Dick

Popular Fiction Book Club (R)

Wednesdays, Mar. 27, Apr. 24, May 22 7 - 8 p.m.

First Floor Meeting Room Mar. 27: *Black Cake* by Charmaine Wilkerson

Apr. 24: *Harlem Shuffle* by Colson Whitehead

May 22: Yellowface by R.F. Kuang

COMMUNITY & CULTURE

Office Hours with the Social Services Specialist

Wednesdays, 1 - 4 p.m.
Thursdays, 10 a.m. - 12 p.m.
Community Resources Office
If you or a loved one is struggling
with homelessness, food insecurity, a
mental health disorder, or substance
abuse, drop in to find and connect
with local resources and services.

Scrabble Time

Saturdays, Mar. 2, Apr. 13, May 11 9:30 - 11 a.m. Fiction Area Can you beat a librarian at Scrabble?

Consumer Protection Week: Scam Prevention and Fraud Awareness

Monday, Mar. 2 1 - 2:30 p.m. Banx Room Panel discussion and Q&A with fraud prevention experts.



LEGO Club for Adults

Monday, Mar. 4: 1 - 3 p.m. Thursday, Apr. 18: 2:30 - 4:30 p.m. Tuesday, May 21: 6 - 8 p.m. Innovation Center

Consumer Protection Week: Fraud Squad Players

Thursday, Mar. 7 1 - 2:30 p.m. Banx Room Performance about scams and fraud.

UMass Chan Health Fair

Wednesday, Mar. 13
10 a.m. - 2 p.m.
Saxe & Banx Rooms
Medical students will be providing
screenings, info and resources, along
with staff from over 20 local agencies.

Barbie: Dismantling Stereotypes Friday, Mar. 15

2 - 5 p.m. Saxe Room

Watch Greta Gerwig's *Barbie*, followed by a discussion with Danuta Bukatko, professor of psychology at the College of the Holy Cross.

Saint Patrick's Day Party

Sunday, Mar. 17
1 - 3 p.m.
Saxe & Banx Room
Join us for a candy bar, photo station, prize wheel, and crafts.



Spring Scavenger Hunt

Tuesday, Mar. 19 - Saturday, Mar. 30 Complete to win a prize!

Rainbow Dinner (R)*

Tuesday, Mar. 19 6 - 7:30 p.m. Saxe Room Join us for a night of fun, food, and friends for the LGBTQ+ community and allies. Food from Femme Bar. Ages 15+.

Haunted Happenings with Jeff DePaoli (R)*

Thursdays, Mar. 21, Apr. 18, May 16 6:30 - 7:30 p.m. Zoom

Join us each month for spooky stories.

Introduction to Beekeeping*(R)

Sunday, Apr. 21 1 - 2:30 p.m. Saxe Room Learn the basics of beekeeping.

National Pet Month Fair

Saturday, May 18 11 a.m. - 1 p.m. Newspapers & Magazines Area Visit therapy dogs, speak with local shelters, learn about pet health, and more.

COMPUTER & TECHNOLOGY

Access Digital Studio

Use Adobe Creative Cloud, photo scanner and VHS converter. Check in at Newspapers & Magazines Desk, valid CW MARS card is required. DIY sessions for conversion and digitization need a WPL certificate of completion.

Computer and Internet for Beginners Fridays, Mar. 8, 22, Apr. 5, 19, May 3, 17 9:30 - 10:30 a.m.

First Floor Computer Lab

Computer Programming: Python for Beginners (R) §

Tuesdays, Mar. 12 - Apr. 16 6:30 - 8:15 p.m. First Floor Computer Lab Intro to the world of programming, using Python. Register for 1st week only.

WPL Download: Library Apps for Your Phone (R)

Fridays, Mar. 15, Apr. 12 11 a.m. - 12 p.m. First Floor Computer Lab Learn about free library apps.

Misinformation, Disinformation, and Fake News: How to Evaluate What You Hear (R)

Saturday, Mar. 16: 11:30 a.m. - 12:30 p.m. Tuesday, May 14: 6:30 - 7:30 p.m. First Floor Computer Lab Learn to evaluate information sources.

Device Safety (R)

Monday, Mar. 18: 9:30 - 10:30 a.m. Thursday, May 16: 9:30 - 10:30 a.m. First Floor Computer Lab Basic safety advice to follow.

Intro to Robotics (R)

Saturday, Mar. 30: 2:30 - 4:30 p.m. Tuesday, Apr. 23: 6 - 8 p.m. First Floor Computer Lab Use programming to control a small robot.

Computer Programming: Introduction to SQL (R) §

Tuesdays, Apr. 30 & May 7
6:30 - 8:15 p.m.
First Floor Computer Lab
Covers SQL CRUD operation basics.

Preserve Your Family Memories: Digital Studio Open House

Wednesday, May 1 5:30 - 7:30 p.m. Digital Studio

Digitizing Family Photos, Slides, or VHS Tapes (R)

Wednesdays
5:30 - 6:30 p.m.
Digital Studio
Learn to use our equipment.

ESOL & CITIZENSHIP

Office Hours with the New Americans Librarian

Tuesdays, Mar. - May 1 - 4 p.m. Community Resources Office

ESOL Navigator †

Mondays: 1 - 4 p.m.
Fridays: 10 a.m. - 12 p.m.
Community Resources Office
Help finding an English Class.

English Conversation Circle

Tuesdays, Mar. - May (except Apr. 2) 5:30 - 7 p.m. Banx Room

Everyday English Class

Mondays & Wednesdays 10 a.m. - 12 p.m. First Floor Meeting Room Drop-in to this student-centered class.

Saturday English Class

Saturdays
1 - 3 p.m.
First Floor Meeting Room
Drop-in to this student-centered class.

Citizenship Class

Tuesdays 9 - 11 a.m. First Floor Meeting Room Prepare for the U.S. citizenship exam.

Online TOEFL Prep Course (R) †

Saturdays, Mar. 30 - May 18 11 a.m. - 1 p.m.

Zoom A guided study course.

† Brought to you with federal funds provided by IMLS and administered by the

GENEALOGY & LOCAL HISTORY

Family Myths and Legends (R)

Saturday, Mar. 9 4:15 - 5:15 p.m. Zoom

Research your family legends.

The Latina Presence in Worcester-Past, Present and Future(R)

Wednesday, Mar. 13 6 - 7 p.m. Banx Room Join this discussion with Maritza Cruz.

Postcards for Local History Research (R)

Saturday, Apr. 6 4:15 - 5:15 p.m. Zoom Learn to use postcards in your research.

Worcester at War (R)

Saturday, May 18 4:15 - 5:15 p.m. Banx Room

From the American Revolution to now.

HEALTHY LIVING

Zumba*(R)

Saturdays, Mar. - May (except 4/13, 5/4 & 5/25) 10 - 10:45 a.m.

Banx Room
Work-out clothe

Work-out clothes, sneakers, water recommended. Ages 12+.

Lunchtime Yoga (R)* Thursdays, Mar. - May

12 - 1 p.m.
Saxe Room
Yoga taught by Kate
Dalrymple of Kula
Yoga. Bring a mat
and water.

